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# Jump N Hop

**Attention** all Choosy Kids Club astronauts

We are about to **blast off** to visit our main man, Choosy himself

There are **two** parts to our trip

First you need to **JUMP** straight **up** all the way to outer space

When I count down from **four** you are going to blast off with **two** feet

Got it? **Two** feet

OK astronauts **buckle up** and prepare for blast off!

Roger.....transmission....we are ready for lift off. Over **4....3....2....1**

(up and down) - **Jump! Jump! Jump! Jump!**

Forward ....**Jump! Jump! Jump! Jump!**

Backward.... **Jump! Jump! Jump! Jump!**

Side to Side.... **Jump! Jump! Jump! Jump!**

Whoa.....Outer Space.....Pretty sweet huh?

Now the 2<sup>nd</sup> part of our trip you have to **HOP** from start to star till you arrive at Choosy's star.

When I count down from **four** you are going to blast off with **one** foot.

Got it? Only **one** foot

Roger transmission ready for hop transportation.....**4....3....2....1**

**Hop!** 7 x's

Your other foot.....**Hop!** 7x's

Your other foot.....**Hop!** 7x's

Your other foot.....**Hop!** 7x's You made it! Choosy says give someone a high five!