



## Choosy-Size Me

It seems everyday there are choices to make,  
So many different roads you can take.  
Sometimes it's tuff but I just think ahead,  
Of who I want to grow up to be  
I gotta keep moving so I grow up strong  
If I eat the right foods than I can't go wrong  
I'm just a kid now but it won't be long  
Till I'm a bigger, taller version of me.

### **Chorus:**

*So I just gotta use my head  
When somebody comes up to me and says,  
Would you like a burger and fries  
Tack on a few extra sides,  
A jumbo sized soda to wash it all down,  
Is that how you want to be?  
Is that how you want to be?*

*Let your brain just waste away,  
Sittin' at home watching TV all day.  
No thanks, I will just Choosy size me.  
Just Choosy size me.*

Instead of sittin' still I'm going to exercise,  
Instead of pigging out, I'll keep it Choosy size  
I'll be smart now, because I realize  
One day I'm going to thank myself.

Treat my body well, I'm gonna work out my heart  
Challenge my mind so I can always stay smart.  
I love a lot of things but there is nothing else,  
More important than my health.

**Chorus** (2 times)