



Mix It All Up

We're gonna pick, peel, and pour healthy foods
To make a **Choosy** smoothie.

Now **everybody** be the blender
And twist your whole **body**. And **Freeze**...

All my Choosy kids pick your blueberries (X4)
All my Choosy kids pick your strawberries (X4)

Now twist your arms and mix it all up
Pour your smoothie into the Choosy cup (X4)

Now all my Choosy kids peel your bananas (X4)
Now all my Choosy kids peel your orange (X4)

Now twist your waist and mix it all up
Pour your smoothie into the Choosy cup (X4)

Now all my Choosy kids pour your milk (X4)
Now all my Choosy kids pour your ice (X4)

Now twist your whole body and mix it all up
Pour your smoothie into the Choosy cup (X4)