



My Heart Say's Thanks

When I eat my **fruit**, my **heart** says **thanks**,
Bump, bump, bump, bump, my **heart** says **thanks**.

When I eat my **veggies**, my **heart** says **thanks**,
Bump, bump, bump, bump, my **heart** says **thanks**.

When I drink **milk**, my **heart** says **thanks**,
Bump, bump, bump, bump, my **heart** says **thanks**.

When I rest and **sleep**, my **heart** says **thanks**,
Bump, bump, bump, bump, my **heart** says **thanks**.

But when I move, move, move....*Kids: "move, move, move"*
And when I **jump, jump, jump**..... *Kids: "jump, jump, jump"*
And when I **hop, hop, hop**..... *Kids: "hop, hop, hop"*
And when I run in place..... *Kids: "run in place"*

Repeat 2 times

My **happy** healthy **heart** says,
My **happy** healthy **heart** says,

Thank you, Thank you (*7 times*)
Bump, bump, bump, bump, my **heart** says **thanks**
My **heart** says **thanks**.

Repeat 2 times

Bump, bump, bump, bump, my **heart** says **thanks**