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Slide

Hey, Choosy Kids let's play a foot game called step chase to help us practice sliding. Now everyone point to one side to help us remember which way to go. I hope your ready to step and chase. Now everybody try it sidewise.

1-2- Ready- Go!

Step, chase. Step, chase. Step, chase. And **Freeze.**

Point to the other side.

1-2 Ready-Go!

Step, chase. Step, chase. Step, chase. And **Freeze.**

Good Job!

Well, now that you've got it. We are going to step and chase all over the room. Now, remember Choosy Kids don't bump into anyone and they only slide into open spaces.

Now everyone point to one side.

1-2-Ready-Go!

Step, Chase (Repeats several times)

And **Freeze!**

Good Job!